

Bridgeport High School Breakfast Menu October 2017



Monday	Tuesday	Wednesday	Thursday	Friday
2 Assorted Bagels with Cream Cheese and Jelly	3 Egg and Cheese in a Wrap Or Yogurt Parfait with Granola	4 Assorted Fresh Muffins	5 Egg and Turkey Sausage on a Biscuit Or Yogurt Parfait with Granola	6 Pancakes
9 Italian Heritage Day 	10 Egg and Cheese in a Wrap Or Yogurt Parfait with Granola	11 Assorted Fresh Muffins	12 Egg and Turkey Sausage on a Biscuit Or Yogurt Parfait with Granola	13 French Toast Sticks
16 Assorted Bagels with Cream Cheese and Jelly	17 Egg and Cheese in a Wrap Or Yogurt Parfait with Granola	18 Assorted Fresh Muffins	19 Egg and Turkey Sausage on a Biscuit Or Yogurt Parfait with Granola	20 Waffles
23 Assorted Bagels with Cream Cheese and Jelly	24 Egg and Cheese in a Wrap Or Yogurt Parfait with Granola	25 Assorted Fresh Muffins ONE SESSION DAY	26 Egg and Turkey Sausage on a Biscuit Or Yogurt Parfait with Granola	27 Pancakes
30 Assorted Bagels with Cream Cheese and Jelly	31 Egg and Cheese in a Wrap Or Yogurt Parfait with Granola 	Daily Breakfast Offerings: <ul style="list-style-type: none"> • 100% Fruit Juice • Fresh Fruit and Cupped Fruit • 1% White Milk • Skim Flavored Milk 		

• Assorted Cereal with Granola or Graham Crackers