







Bridgeport High School Lunch Menu November 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Get your Green on:</p> <p>on- Chef Salad ue- Caesar Salad led- Garden Salad hur- Cobb Salad ri- Garden Salad with Fresh Tuna Salad</p> 	<p>Daily Offerings</p> <ul style="list-style-type: none"> • 1% White & Skim Chocolate Milk • Assorted Fresh fruit and Cupped Fruit • Seasonal Vegetables with Hummus <p>Check out our made to Order Deli Bar!</p>	<p>1</p> <p>Teriyaki Chicken with Stir Fried Veggies over Brown Rice</p>	<p>2</p> <p>Chicken Parmesean with Marinara Penne Pasta Sauteed Garlicy Zicchini Assorted Fruit Juices</p>	<p>3</p> <p>Hawaiian Pizza with Turkey Ham and Pineapple Fresh Garden Salad</p>
<p>Chicken Tempura Nuggets G Texas Toast Potato Wedge Fries</p>	<p>7 Election Day</p> 	<p>8</p> <p>Park City Burger Baked in a Pastry Puff Cool Broccoli Slaw</p>	<p>9</p> <p>Meatball Grinder with Marinara Sauce Grinder Roll Waffle Cut Sweet Potato Fries Assorted Fruit Juice</p>	<p>10 Veteran's Day</p> 
<p>3</p> <p>Hot and Spicy Chicken Tenders 1/2 G Texas Toast French Cut Buttery Green Beans</p> 	<p>14</p> <p>Taco Bar with all the Fixin's Tostitos Walking Taco Refried Beans Brown Rice Salsa Assorted Fruit Juices</p>	<p>15</p> <p>Spicy Jerk Chicken Sliders Sweet Plantains</p> <p>ONE SESSION DAY</p>	<p>16</p> <p>General Taos Chicken Vegetable Eggroll Stir Fried Broccoli Assorted Fruit Juice</p> <p>ONE SESSION DAY</p> 	<p>17</p> <p>Sal's Cheese Pizza Veggie Juice Fresh Garden Salad</p>
<p>0</p> <p>Chicken Patty with Cheese pretzel Roll with Mustard Waffle Cut Sweet Potato Fries</p>	<p>21</p> <p>Sloppy Joe Baked Potato Bar With all the Fixin's Sweet Carrots Assorted Fruit Juice</p>	<p>22</p> <p>Holiday Meal ONE SESSION DAY</p>	<p>Happy Thanksgiving</p> 	
<p>1</p> <p>G Macaroni and Cheese G Texas Toast Broccoli Bites</p>	<p>28</p> <p>Mozzarella Sticks WG Bread Stick Marinara Dipping Sauce Fiesta Corn Assorted Fruit Juice</p>	<p>29</p> <p>Rice and Beans with Grilled Chicken Strips Sautéed Spinach</p>	<p>30</p> <p>Meatball Grinder with Marinara Sauce WG Grinder Roll Buttery Cauliflower</p>	<p>Grill Offerings:</p> <ul style="list-style-type: none"> • Spicy Chicken Patty Served Daily • Cheeseburgers Served Tuesday and Thursdays • Hot Dogs served Wednesday • Grilled Chicken served on Friday