







# JANUARY 2018 BRIDGEPORT High School



| Monday                                                                                                                                                                       | Tuesday                                                                                                    | Wednesday                                                                                                                                | Thursday                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                                                                                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                             | 2<br>Hot and Spicy Chicken Tenders<br>WG Texas Toast<br>French Cut Buttery Green Beans                     | 3<br>Spicy Buffalo Chicken Sliders<br>Sweet Plantains                                                                                    | 4<br>General Taos Chicken<br>Vegetable Eggroll<br>Stir Fried Broccoli<br>Assorted Fruit Juice                                                                                                                                                                                      | 5<br>Stuffed Crust Cheese Pizza<br>Veggie Juice (Red/Orange)<br>Fresh Garden Salad                                                                                                                                                                                                                                          |
| 8<br>Chicken Patty with Cheese<br>Pretzel Roll and Mustard<br>Waffle Cut Sweet Potatoes<br> | 9<br>Sloppy Joe Baked Potato Bar<br>With all the Fixin's<br>Sweet Corn<br>Assorted Fruit Juice             | 10<br>Breaded Chicken Drumstick<br>WG Twisted Bread Stick<br>Collard Greens<br><br><p style="text-align: center;"><b>ONE SESSION</b></p> | 11<br>Curried Chicken over Brown Rice<br>Cauliflower<br>Assorted Fruit Juice                                                                                                                                                                                                       | 12<br>Buffalo Chicken Pizza<br>Veggie Juice<br>Fresh Garden Salad<br>                                                                                                                                                                    |
|                                                                                             | 16<br>Mozzarella Sticks<br>Marinara Dipping Sauce<br>WG Dinner Roll<br>Fiesta Corn<br>Assorted Fruit Juice | 17<br>Rice and Beans with Grilled<br>Chicken Strips<br>Sautéed Spinach                                                                   | 18<br>Meatball Grinder with Marinara<br>Sauce<br>WG Grinder Roll<br>Buttery Cauliflower<br>Assorted Fruit Juice                                                                                                                                                                    | 19<br>Cheese Pizza<br>Veggie Juice (Red/Orange)<br>Fresh Garden Salad                                                                                                                                                                                                                                                       |
| 22<br>Seaside Chicken and Cheese<br>Brioche Bun<br>Waffle Cut Sweet Potatoes<br>          | 23<br>Chicken Burrito Bar with all the<br>Fixin's<br>Black Beans<br>Assorted Fruit Juice                   | 24<br>Chicken Tempura Nuggets<br>WG Texas Toast<br>Broccoli Slaw                                                                         | 25<br>Beef Tacos served over a Taco<br>Boat<br>Fiesta Rice<br>Sweet Corn<br>Assorted Fruit Juice                                                                                                                                                                                   | 26<br>Turkey Bacon and Ranch Pizza<br>Veggie Juice<br>Fresh Garden Salad                                                                                                                                                                                                                                                    |
| 29<br>Steak Bar<br>WG Grinder Roll<br>Cheese Sauce, Sautéed Mushrooms<br>and Onions<br>Broccoli                                                                              | 30<br>Sloppy Joe with Tostitos Scoops<br>Fiesta Corn<br>Assorted Fruit Juice                               | 31<br>Teriyaki Chicken with Stir Fried<br>Asian<br>Veggies and Brown Rice                                                                | <p style="text-align: center;"><b>Daily Offerings</b></p> <ul style="list-style-type: none"> <li>• 1% White &amp; Skim Chocolate Milk</li> <li>• Assorted Fresh fruit and Cupped Fruit</li> <li>• Seasonal Vegetables with Hummus</li> </ul> Check out our made to Order Deli Bar! | This is an equal opportunity provider<br><br><p style="text-align: center;"><b>Get your Green on:</b></p> Mon- Chef Salad<br>Tue- Caesar Salad<br>Wed- Garden Salad<br>Thur- Cobb Salad<br>Fri- Garden Salad with Fresh Tuna Salad<br> |