

Media Advisory

SKANE SCHOOL ROCKS WITH RADIO DISNEY TO PROMOTE HEALTHY FOODS

When: Tuesday, April 6, 2010

Where: Skane School
2977 Madison Avenue
Bridgeport

Skane School is hip to educating their scholars on nutrition. On **Tuesday, April 6, 2010 at 5:30 p.m.**, at Skane School will host a one hour workshop called "Hip and Cool! Fruits and Veggies Rule!" by Radio Disney. The workshop is geared toward parents and children to promote healthy eating at a young age.

Jess, the Fruit and Vegetable Chef and captain 5 A Day will demonstrate healthy foods, how to purchase more economically, and how to snack healthy. Captain 5 A Day will move about the crowd and help with the simple exercise segments. There will also be a contest for a \$100 grocery shopping spree.

This event is sponsored by Radio Disney AM 1550, UCONN Department of Allied Health and Sciences, and USDA funding under SNAP-Ed (Supplemental Nutrition Assistance Program Education).

The mission of the Bridgeport Public Schools and its supporting community is to graduate all students "college ready" and prepared to succeed in life. For more information about Bridgeport Public Schools visit our website at www.bridgeportedu.com.